

SLSFSC CLIMBING CENTRE

General Rules

- Food & Beverage (with the exception of water in a bottle) are not permitted in the Climbing Centre.
- Cell phones must be muted when in Climbing Centre.
- Parent or guardian supervision is mandatory for participants under the age of 8.
- Minimum age to climb is 4.
- Weight restrictions on Auto Belay system are 25-310 lbs.
- Chalk is not permitted in the climbing centre.

Safety Rules

- All participants **MUST READ** and complete the climber agreement (the “Waiver”) before climbing. Minors under the age of 18, must have this completed by a parent or legal guardian.
- All participants must pass safety checks and tests prior to climbing.
- All climbers must have their climbing equipment (personal or provided) checked by the climbing staff before climbing.
- All participants must wear clean, closed toe shoes.
- Helmets are available for use.
- Remove any loose items that may fall or get caught on the wall when climbing.

When Climbing

- All climbers must follow instructions given by climbing staff.
- Stay behind yellow line until instructed by the climbing staff.
- Climbing staff are the **ONLY** ones allowed to clip and un-clip climbers 13 and under to the belay system.
- Use only the holds and wall for climbing. Do not touch exposed metal i.e.: top rope attachments, Auto Belay housing, top of the wall, etc.
- **DO NOT** climb above Auto Belay housing.
- Climbers must remain in their lane at all times.

FAILURE TO ABIDE BY THESE RULES WILL RESULT IN REMOVAL FROM THE ACTIVITY